













### Mon

## Tues

### Wed

## Thurs

# **Bike Park Explorers**

A morning filled with learning and mastering some key skills at the Mui Wo Bike Park. Followed by a quick ride to a scenic lunch spot and a visit to the pump track.

#### **Mui Wo Madness**

Day of adventures around Mui Wo; Exploring the trail network and building confidence on the bike. A trip to the waterfalls for a lunch stop and a cool off in the water

### Tai O Tour

A mid week tour to Tai O to visit the village, explore heritage sites and check out the local spots. Traditional lunch stop in the village before we head out to Yi O to explore beautiful waterfalls.

### Chi Ma Wan Coast

A journey out to Chi Ma Wan where we search for some of the best trails on Lantau. We begin the day with a quick intro in direction control through leaning, rotating and steering the bike. Riders take to the trail and practice newly developed skills on a picturesque coastal route after having lunch.

# **Cheung Chau Adventure**

The final day is filled with exciting fast paced events that will require two teams to work together to overcome speed bumps, roadblocks and detours. We explore Cheung Chau Island on bikes and find some hidden spots along the way.

Tel: 51170051

#### Pick Up AM

Pick-up: Mui Wo Pier at 3:55pm Sunday/PH: Mui Wo Pier at: 3:50pm

**Drop off** 

Drop-off: Mui Wo Pier at 9:40am Sunday/PH: Mui Wo Pier at: 10am